



Training course materials

Full Symonds Training Course Materials List

Discounts

5 or more courses -10% off
10 or more courses – 15% off
(Discounts for one transaction)

Courses Now Available

No.	Title	Price £	Price \$ (est)
1	Problem Solving Skills Training Materials	£127	(\$153)
2	Mental Health Awareness at Work	£89	(\$109)
3	Emotional Intelligence Training Materials	£127	(\$153)
4	Psychological Safety Training Materials	£99	(\$125)
5	Inclusive Leadership Training Materials	£127	(\$153)
6	Dealing with Difficult People Training Materials	£99	(\$125)
7	Time Management Training Materials	£119	(\$149)
8	Nonverbal Communication & Body Language	£127	(\$153)
9	Coaching Skills for Managers	£127	(\$153)

10	Delegation Skills	£99	(\$125)
11	Presentation Skills	£127	(\$153)
12	Building Resilience in the Workplace	£127	(\$153)
13	Managing Virtual Teams Training Course Materials	£99	(\$125)
14	Managing Different Generations in the Workplace	£99	(\$125)
15	Self-Confidence Building	£137	(\$165)
16	Stress Management in the Workplace	£119	(\$149)
17	Introduction to Mindfulness	£127	(\$153)
18	Unconscious (No) Bias Training	£89	(\$109)
19	Influencing Skills	£99	(\$125)
20	Building Trust in the Workplace	£109	(\$135)
21	Conflict Management	£127	(\$153)
22	Starting a Home Business	£127	(\$153)

23	Digital Marketing	£139	(\$169)
24	Accessibility Compliance & Audits for Public Spaces (DDA & ADA)	£139	(\$169)
25	SMART Goals	£89	(\$109)
26	Menopause at Work	£89	(\$109)
27	Writing for the Web	£75	(\$95)
28	Digital Wellbeing and Wellness	£89	(\$109)
29	Life Planning & Goal Setting	£127	(\$153)
30	Environmental Awareness	£89	(\$109)
31	Mental Wellbeing & Health for Employees Working from Home	£89	(\$109)
32	Bullying & Harassment in the Workplace	£99	(\$125)
33	SEO Basics for Beginners	£127	(\$153)
34	Intro to Qualitative Market Research (2 days)	£139	(\$169)

35	Mindfulness for Busy People (Short Course)	£89	(\$109)
36	Intercultural Communication	£89	(\$109)
37	Active Listening Skills	£89	(\$109)
38	Managing the Return to Work Process	£89	(\$109)
39	Absence Management	£99	(\$125)
40	Resume/CV Writing Skills	£119	(\$149)
41	Employee Engagement and Motivation	£89	(\$109)
42	Giving and Receiving Effective Feedback	£99	(\$125)
43	Assertiveness Skills & Techniques at Work	£119	(\$149)
44	Identifying & Managing Narcissism in the Workplace	£99	(\$125)
45	Managing Office Politics	£89	(\$109)
46	Introduction to Collaboration Skills	£127	(\$153)
47	Imposter Syndrome in the Workplace	£89	(\$109)
48	Change Management	£127	(\$153)

49	Mentoring Skills Training Course Materials	£127	(\$153)
50	Allyship in the Workplace	£119	(\$149)
51	Introduction to Strategic Thinking	£99	(\$125)
52	Introducing Employees to the Basics of EDI (Equality, Diversity & Inclusion) 2 Hr Short Course	£59	(\$75)
53	Decision Making Training Course Materials	£127	(\$153)
54	Growth Mindset Training Course Materials	£99	(\$125)
55	Adaptability training materials	£89	(\$109)

Note 1: Prices in USD\$ dollars will change according to the exchange rates but are there to give a rough estimate of the prices i.e. in USD\$.

Packages You Could Make

Equality & Diversity

5 or more courses bought at the same time = 10% off and that is added automatically in the shopping basket. Or you can buy individually one at a time

No.	Title	Price £	Price \$
1	Unconscious (No) Bias Training	£89	(\$109)
2	Psychological Safety at Work	£99	(\$125)
3	Inclusive Leadership	£127	(\$153)
4	Managing Different Generations in the Workplace	£99	(\$125)
5	Bullying & Harassment in the Workplace	£99	(\$125)

Communication Skills

5 or more courses bought at the same time = 10% off and that is added automatically in the shopping basket. Or you can buy individually one at a time

No.	Title	Price £	Price \$
1	Intercultural Communication	£89	(\$109)
2	Active Listening Skills	£89	(\$109)
3	Nonverbal Communication & Body Language	£127	(\$153)
4	Giving and Receiving Effective Feedback	£99	(\$125)
5	Presentation Skills	£127	(\$153)

1st-Time Manager

5 or more courses bought at the same time = 10% off and that is added automatically in the shopping basket. Or you can buy individually one at a time

No.	Title	Price £	Price \$
1	Conflict Management	£127	(\$153)
2	Dealing with Difficult People	£99	(\$125)
3	SMART Goals	£89	(\$109)
4	Delegation Skills	£99	(\$125)
5	Giving and Receiving Effective Feedback	£99	(\$125)
6	Employee Engagement and Motivation	£89	(\$109)
7	Coaching Skills for Managers	£127	(\$153)

Prices are subject to change. Very latest prices can be found on symondsresearch.com

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